



## Schedule for English Travel Adventure

Day 8	Day 9	Day 10	Day 11	Day 12	Day 13	
<b>Breakfast</b>						
English Lesson	English Lesson	Finish canoe circuit and paddle out	English Lesson	English Lesson	Souvenir shopping on Yonge St.	
<b>Lunch</b>						
Camp craft: Food  Relax in nature (swim, paddle, read in hammock, English homework)	Team building games  Relax in nature (swim, paddle, read in hammock, English homework)	Horseback trail riding excursion  Drive back to Toronto	Niagara Falls Day Trip: Maid of the Mist tour included	Toronto city tour: St. Lawrence Market, China Town, Queen St. & waterfront area  CN Tower: Observation deck included	If time allows, an extended Toronto tour may visit government buildings, a beautiful Toronto park and historic houses	
<b>Supper</b>						
Team building games  Campfire, conversation and dessert  English journal writing	Sounds of nature descriptive writing essay  Campfire, conversation and dessert  English journal writing	Toronto At Night tour: dinner in the trendy Annex district, University of Toronto campus, and Yonge St. at night.  English journal writing	Greektown for an authentic Greek dinner.  English journal writing	Awards ceremony, Southern BBQ & Blues: live music and dinner in Toronto's best resto-pub  English journal writing		

### Meals

**Camping:** Enjoy nutritious and well balanced meals prepared from the finest fresh and dry ingredients. Snacks are always available. Native Canadian bannock will be prepared.

**Restaurants:** To help explore the different cultures in Canada, Arabian, Korean, Mexican, Greek, Italian, Japanese, American BBQ or landmark Canadian restaurants will be enjoyed. We never go to American fast food restaurants.

### ESL Games

Charades, Pictionary, 20 Questions

### Team Building Exercises

Scavenger hunt, Food Chain, adventure race

### Safety

Life jackets while canoeing, swimming with a buddy and helmets while horseback riding are required. Guide has 20 years experience and wilderness first aid training.

### Camp Craft

**Fire:** Learn the basics of campfire management including matchless starts.

**Shelter:** Explore techniques for wilderness shelter construction.

**Food:** Study about edible resources and survival skills in Mother Nature's kitchen.

### Canoe Camping

25km circuit of lakes, streams and portage (1800m). Students share tents and get a personal sleeping bag and soft sleeping pad.